



B 1.- Prevent Cyberbullying from day one!

Ten Tips to prevent Cyberbullying



Cyberbullying is the practice of posting or sending harmful images or text via the Internet or other digital communication tools, such as **cell phones, email, instant messaging, chat rooms, video game spaces or social networking environments** such as My Space and Facebook. Following are some tips for parents and educators to help keep kids safe.

1. Tell students to never pass along harmful or cruel messages or images.
2. Train students to delete suspicious email messages without opening them.
3. Ask students to step up to friends who are cyberbullying and tell them to stop.
4. Teach students how to use technology to block communication with cyberbullies.
5. Speak to students about the importance of telling a parent or adult about any cyberbullying they're witness to.
6. At home, supervise your child's time online. Putting the computer in a common area, such as the kitchen, is a good idea.
7. Addressing cyberbullying school-wide is key -- help institute a formal policy for dealing with any cyberbullying instances. Be sure students fully understand the consequences. For some guidelines on crafting a program, visit HotChalk.com and see *Preventing Cyberbullying: A Conversation with Mike Donlin*.
8. Create a community outreach program to educate those beyond the school walls to the dangers of cyberbullying. Have students work with the Chamber of Commerce or other civic group to create an awareness campaign.
9. Teach students the basics of smart and savvy Web behavior, such as never revealing passwords or real last names.
10. Pay attention. If you notice a student is withdrawn, depressed or reluctant to attend school or social events, investigate.



The CD Rom that offers incredible material to help teachers deal with the problem while students practice language. The accompanying DVD offers great visual input! The short videos are fantastic to elicit conversation.

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