

# What would you do?

Do you know what to do if someone is bullying you or someone you know?

Try this quiz, and see!

1. You are walking and a group of older students demands your money, Do you:

- Fight them?
- Shout and run away?
- Give them the money?

2. You are on the school playground and someone accidentally trips you? Do you:

- Hit the person hard?
- Give him or her a chance to apologise?
- Sit down and cry?

3. You are in the school toilet and an older student comes in, punches you and then tells you not to do anything or 'you'll get worse'. You know who the person is and you have never done anything to him/her. Do you:

- Wait until the person leaves and then tell a teacher?
- Get in a fight with him/her?
- Accept what happened and don't tell?

**4. Someone in your class always makes rude comments about you and says them loud enough for you (and others) to hear. It really upsets you. Do you:**

- Ignore the comments?
- Confront the bully and tell him/her off?
- Tell the teacher?
- Punch the bully?

**5. Your friends tell you to miss school or they will bully you. Do you:**

- Go along with them?
- Stay in school?
- Get them in trouble by telling on them?

**6. Kids in your school make racist comments to minority groups. Do you:**

- Ignore it and don't get involved?
- Enlist the help of other kids and teachers to stop the bullies making these comments?
- Hit the kids making comments?

**7. Someone you know is a bully. Do you:**

- Try to find out why?
- Bully him/her?
- Try being a friend and setting a good example?

**8. A bully has threatened your little brother/sister. He/she has begged you not to tell your parents. Do you:**

- Tell them to handle it?
- Confront the bully?
- Tell your parents?

## Answers

1. Give them the money (or other possession) - your safety is more important than money. But it is extremely important to tell your teacher or parents that this has happened.
2. Give the person a chance. If it was an accident, then he or she should say sorry.
3. You didn't deserve to be punched and the bully was wrong to do it. If you don't tell, the bully will just keep on beating up other kids. You may feel like punching the bully, but you'll probably be the one to get into trouble if you do.
4. Ignoring comments is difficult, but can work if the bully gets tired of trying to get you to be angry or cry or show some reaction. Your teacher should be told about the comments because no one should make hurtful comments to others. If you are feeling brave, tell the bully off. Try practising in the mirror to get the right effect!
5. They aren't really your friends if they want to get you into trouble and threaten to bully you. Don't go!
6. Racist comments are wrong and hurtful. Everyone has the right to their own culture and religion. Get the other kids and your teachers to help stop the bully saying these things.
7. If the bully is someone you can help, do try being a friend. The bully may not know how to act properly. Bullies are sometimes quite unhappy and need adult help to sort out their problem.
8. Your brother or sister cannot handle it or they wouldn't have told you. Talk to your brother or sister and see if they'll come with you to tell your parents because they should know so they can help.