

# Edible Plant Parts

**1.** List your three favorite fruits and your three favorite vegetables in the spaces below.

My three favorite fruits are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

My three favorite vegetables are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**2.** Now see if you can find your favorite fruits and vegetables in the lists below. When you find them, circle them.

## FRUITS

Apples  
Apricots  
Avocados  
Bananas  
Bell peppers  
Blackberries  
Blueberries  
Cantaloupe  
Cherries  
Cranberries  
Cucumbers  
Dates  
Eggplant  
Figs  
Grapes  
Kiwifruit  
Kumquats  
Lemons  
Mangos  
Oranges  
Papayas

## More FRUITS

Peaches  
Pears  
Persimmons  
Pineapple  
Plums  
Pomegranates  
Pumpkin  
Raspberries  
Strawberries  
Squash  
Tangelos  
Tangerines  
Tomatoes  
Watermelon

## LEAVES

Basil  
Brussels sprouts  
Beetgreens  
Cabbage  
Chard  
Cilantro  
Endive  
Kale  
Lettuce  
Mustard greens  
Onions  
Parsley  
Spinach  
Turnip greens  
Watercress

## ROOTS

Beets  
Carrots  
Parsnips  
Radishes  
Rutabagas  
Sweet potatoes  
Turnips

## SEEDS

Black beans  
Corn  
Lima beans  
Kidney beans  
Peas  
Pumpkin seeds  
Sunflower seeds

## SEED PODS

Chili peppers  
Green beans  
Okra  
Snap pea pods  
Snow pea pods  
Wax beans

## STEMS

Asparagus  
Celery  
Leeks  
Green onions  
Rhubarb

## TUBERS

Potatoes  
Yams

## FLOWERS

Artichokes  
Broccoli  
Cauliflower



**3.** Are you surprised to learn how many different plant parts you like to eat? Which do you like best – flowers, fruits, leaves, roots, seeds, seed pods, stems or tubers? \_\_\_\_\_